

Menus
for
October
2018

This institution is an equal opportunity provider. Menu's are subject to change.

TAKE A HIKE?

Lots of us are probably feeling a candy binge coming on this month. OK. But for every 2 little "fun size" candies you eat, you need to hike 30 minutes to work off the calories. So take it easy - or take a hike!



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Featured Specials

Monday, October 1

Pancake W/Syrup
Egg Patty
Tri-Tator
Apple Slices
Milk

Tuesday, October 2

Chicken Drumstick
Curly Fries
Fresh Grapes
Milk

Wednesday, October 3

Popcorn Chicken
Baby Cooked Carrots
Chilled Peaches
Milk

Thursday, October 4

Deli Turkey & Cheese/Bun
Red Pepper Strips/Dip
Cranberry Raisels
Milk

Friday, October 5

NO SCHOOL

Featured Specials

Monday, October 8 NO SCHOOL

Tuesday, October 9

Chicken Fajita/Shell
Romaine Salad/Dressing
Fresh Orange Slices
Milk

Wednesday, October 10

Chicken Patty/Bun
Sweet Potato Sweetlings
Chilled Applesauce
Milk

Thursday, October 11

Country Fried Steak
Mashed Potatoes & Country Gravy
Chilled Peaches
Milk

Friday, October 12

Tater Tot Casserole
Steamed Corn
Dried Cranberries
Milk

JOIN US FOR FREE BREAKFAST DAILY, CHOOSE BETWEEN 3 OPTIONS DAILY (EXCEPT CENTRAL). ALSO SERVED WITH FRUIT AND GRAHAMS & MILK