

Menus  
for  
**December  
2018**

CENTRAL &  
ST. MARY'S

This institution is an equal opportunity provider.  
Menus are subject to change.

Monday, December 3

**Breakfast**  
Cereal or Mini  
Donuts-Grahams-  
Fruit-Milk  
**Lunch**  
Cheeseburger/Bun  
Baked Beans  
Fresh Apple  
Milk  
Ketchup-Mustard

Tuesday, December 4

**Breakfast**  
Cereal or Mini  
Loaf-Grahams-  
Raisins-Milk  
**Lunch**  
Cheese Pizza  
Green Beans  
Chilled Peaches  
Milk

Wednesday, December 5

**Breakfast**  
Cereal or Muffin-  
Grahams-Fruit-  
Milk  
**Lunch**  
Soft Taco W/Cheese  
Refried Beans W/  
Cheese & Salsa  
Cook's Choice Fruit  
Milk

Thursday, December 6

**Breakfast**  
Cereal or Glazed  
Donut-Grahams-  
Raisins-Milk  
**Lunch**  
Hot Dog/Bun  
Baby Carrots  
Cranraisins  
Milk  
Ketchup-Mustard

Friday, December 7

**Breakfast**  
Cereal or  
Chocolate Bread-  
Grahams-Fruit-  
Milk  
**Lunch**  
Chicken Strips  
Peas  
Applesauce  
Milk  
Ketchup-Mustard

Monday, December 10

**Breakfast**  
Cereal or Pop-Tart-  
Grahams-Raisins-  
Milk  
**Lunch**  
Nacho's (Meat-  
Cheese-Chips)  
Fresh Romaine  
Salad/Dressing  
Cook's Choice Fruit  
Milk

Tuesday, December 11

**Breakfast**  
Cereal or Cherry  
Frudel-Grahams-  
Fruit-Milk  
**Lunch**  
Deli & Cheese Wrap  
Red Pepper Strips  
Frozen Juice Treat  
Milk  
Ketchup-Mustard-  
Mayo

Wednesday, December 12

**Breakfast**  
Cereal or Banana  
Loaf-Grahams-  
Raisins-Milk  
**Lunch**  
Chili W/Crackers &  
Slice of Cheese  
Cucumber Slices  
Chilled Peaches  
Milk

Thursday, December 13

**Breakfast**  
Cereal or Mini  
Donuts-Grahams-  
Fruit-Milk  
**Lunch**  
Omelet  
Sausage Patty  
Hash Brown  
Fresh Banana  
Milk  
Ketchup

Friday, December 14

**Breakfast**  
Cereal or Mini  
Loaf-Grahams-  
Raisins-Milk  
**Lunch**  
Chicken Fajita W/  
Cheese/Shell  
Fiesta Beans  
Applesauce  
Milk

Monday, December 17

**Breakfast**  
Cereal or Muffin-  
Grahams-Fruit-  
Milk  
**Lunch**  
Asian Day W/Rice  
Steamed Broccoli  
Mandarin Oranges  
Milk

Tuesday, December 18

**Breakfast**  
Cereal or Glazed  
Donut-Grahams-  
Raisins-Milk  
**Lunch**  
Pasta W/Meat  
Sauce  
Fresh Romaine  
Salad/Dressing  
Cranraisins  
Milk

**Happy  
Holidays!**

From  
**Mrs. Sullivan & Mrs. Kemp**

Wednesday, December 19

**Breakfast**  
Cereal or Pop-Tart  
Grahams-Fruit-  
Milk  
**Lunch**  
Corn Dog  
Sweet Potato Fries  
Chilled  
Applesauce  
Milk  
Ketchup-Mustard

Thursday, December 20

**Breakfast**  
Cereal or Apple  
Frudel-Grahams-  
Raisins-Milk  
**Lunch**  
Chicken Patty/Bun  
Mixed Veggies  
Chilled Peaches  
Milk  
Ketchup-Mustard-  
Mayo

Friday, December 21

**Breakfast**  
Cereal or Banana  
Loaf-Grahams-Fruit-  
Milk  
**Lunch**  
Christmas Nuggets  
Mashed Potatoes &  
Gravy  
Strawberries &  
Banana's  
Milk  
Ketchup-Mustard

**Catch  
you in  
'19!**

Holiday begins at  
the end of classes  
**Friday, Dec. 21**  
Classes resume  
**Tuesday, Jan. 8**